



DIGESTIVE HEALTH INSTITUTE

By Dr. Muffi

MS. Carlyne Remedios

Group Manger – Clinic practices, Nutrition & Product development

Digestive Health Institute By Dr Muffi

First Indian Centre of Excellence for Bariatric Surgery

Accredited Practicing Dietitian (APD)

Educational Qualifications:

Masters of Dietetics 2008

Deakin University, Melbourne, Australia

Bachelor's in Food Science and Nutrition 2006

SNDT University, Mumbai, India

Specialist in Sports Nutrition 2016

ISSA – International Sports Sciences Association

Professional Memberships

Dietitian's Association of Australia

Indian Dietetic Association

Employment

Group Manger – Clinic practices, Nutrition & Product development at Digestive Health Institute

By Dr. Muffi

Manages OPD functioning and patient care

Pre- operative and post - operative dietary intervention and counseling

Oversee academic research and product development

Training

Conduct Bariatric Nutrition Training workshops for students and nutritionists

Organize annual Bariatric Nutrition Master Class

Undertake internship for undergraduate and postgraduate student

Previous Employment

April 2010-July 2010

Dietician at Kokilaben Dhirubhai Ambani Hospital, Mumbai, India

12th August 2009 – April 2010

Nutrition Manager at Talwalkar's Fitness Club, Mumbai, India

22nd April 2008 – June 2009

Community Dietician at Bluecare Healthcare services, Hervey bay, Australia

Publications:

- C. Remedios , M. Shah , A. Bhasker , M. Lakdawala '**Hyperuricemia : a reality in the Indian Obese**' Obesity Surgery , 2012 , June, volume 22 ,Issue 6 , p 945 – 948
- M. Lakdawala, S. Shaikh, S. Bandukwala, C. Remedios, M. Shah, A.G. Bhasker '**Roux-en-Y gastric bypass stands the test of time: 5-year results in low body mass index (30-35 kg/m(2)) Indian patients with type 2 diabetes mellitus.**' Surgery for Obesity and Related Diseases, 2013 , May , Volume 9, Issue 3 , p 370-378
- A.G. Bhasker , C. Remedios ,P. Batra ,A.Sood , S. Shaikh , M. Lakdawala '**Predictors of Remission of T2DM and Metabolic Effects after Laparoscopic Roux-en-y Gastric Bypass in Obese Indian Diabetics—a 5-Year Study**' Obesity Surgery , 2014 ,Nov
- M.Lakdawala , A.Agarwal ,S.Dhar ,N.Dhulla ,C.Remedios . A.G.Bhasker '**Single Incision Sleeve gastrectomy versus laparoscopic sleeve gastrectomy . A 2 - year comparative analysis of 600 patients**' Obesity Surgery , 2014 Oct 17
- C.Remedios, A.Bhasker , N.Dhulla ,& S.Dhar ,M.Lakdawala '**Bariatric Nutrition Guidelines for the Indian Population**' Obesity Surgery ,2015 , August ,Volume 25 , P1-12

Academic Presentations at Key International Forums

- **APMBSS , Singapore , October 2010**
- **IFSO, Hamburg, Germany, September 2011**
- **ACMOMS, Amritsar, October 2011 ACMOMS , Delhi , July 2012**
- **ACMOMS , Hyderabad , July , 2013**
- **IFSO , Istanbul , Turkey , August , 2013**
- **OSSI , Ahmedabad , India ,January ,2014**
- **IFSO , Montreal , Canada , August ,2014**
- **OSSI , Mumbai , India , January 2015**
- **IFSO , Rio , Brazil , September, 2016**